

Lasallian Schools in Naka Celebrate Founder's Week



LA SALLE NAKA

Every year, the Lasallian Schools in Naka joyfully celebrate Founder's Week with a series of activities in honour of our founder, Saint John Baptist de La Salle. This cherished annual celebration brings together students, pupils, staff, parents, and Brothers in a spirit of thanksgiving, joy, and community. The week began with a variety of engaging activities that created excitement across both schools. Students and pupils participated in themed dress days including Career Wear, Professional Wear, Corporate Wear, Modern Wear, and the much-anticipated Traditional Wear on the final day. These activities gave everyone the opportunity to express creativity while celebrating culture, aspiration, and identity. This year's Founder's Week was especially memorable, with additional events enriching the celebration. Throughout the week, both schools were filled with energy as students and pupils took part in marching parade rehearsals, spelling bee competitions, quizzes, and several other activities in preparation for the grand celebration of Founder's Day. A particularly grace-filled moment of the week was the celebration of the Mass of the Ascension on Thursday, 14 May 2026. During this special Eucharistic celebration, 38 pupils, students, resident staff children and staff received the Sacrament of Baptism. It was made even more remarkable by the baptism of three members of staff from the Primary Wing. This was a beautiful witness

to the living faith within our school community and a powerful reminder of our shared Christian mission. That same evening, after several days without rain, God blessed our land with a refreshing downpour. This blessing was received with deep gratitude, especially by many of our families who depend on the rains for farming and their livelihood. It was a meaningful reminder of God's providence and care for our community. Founder's Day itself was equally blessed, beginning with gentle showers that added beauty to the day's celebration. The Holy Mass was celebrated with the active participation of the Brothers, staff, parents, students, and pupils. During the Mass, 29 pupils and students received their First Holy Communion. These sacred moments continue to strengthen our identity as a Catholic and Lasallian institution. Our schools remain not only centres of academic excellence but also places of faith formation, character development, and evangelisation. Lasallian education is deeply rooted in the holistic formation of the person - nurturing the mind, heart, and spirit. Following the Eucharistic celebration, the Founder's Day reception brought the community together in joyful festivity. The programme featured colourful marching

parade displays, cultural and modern dance presentations, entertainment performances, and other exciting moments. Among the highlights of the day were the highly anticipated Old Students' race of Mount La Salle College, staff race and the parents' race, both of which brought great excitement and laughter to all present. To conclude the celebrations, members of staff gathered on Saturday, 16 May 2026, for an evening of light celebration and fellowship. It was a moment to appreciate one another, reflect on the success of the week, and give thanks for the dedication and teamwork that made the celebration possible. Founder's Week remains one of the most treasured celebrations in the life of the Lasallian Schools in Naka. It is a joyful expression of our identity, mission, and shared heritage. Each year, it renews in us a sense of belonging and reminds us of the values that continue to shape our school community. With grateful hearts, we look forward each year to celebrating Founder's Week - a time of faith, joy, unity, and the enduring Lasallian spirit. The Greatest Saint Luke House emerged as the winner of the 2025/2026 academic year.



The Founder's Day Celebration Gallery



Extending Care Beyond the Classroom: Lasallian Schools in Naka Host Eye-Care Outreach

As part of the Founder's Day celebration, the Lasallian Schools in Naka partnered with Eye Savers Foundation, Makurdi, Benue State, to organise a meaningful eye-care outreach for the school and the wider community. The programme focused on glaucoma screening, general eye examinations, and subsidised treatment for other eye conditions, bringing much-needed healthcare closer to the people.

Participants registered with a fee of ₦500, which gave them access to follow-up eye-care services for an entire month. This thoughtful arrangement ensured that beneficiaries would not only receive initial screening during the outreach but would also continue to access care and treatment beyond the day of the programme.

The outreach offered a variety of eye-care services to pupils, students, staff,

parents, and members of the surrounding community. One of the most moving moments of the day came when the Director of the Foundation shared his personal story. He spoke about losing his sight due to the late diagnosis of glaucoma and how, by the time treatment was considered, it was already too late. His testimony deeply touched many present and powerfully highlighted the importance of early diagnosis, regular eye checks, and timely treatment.

The programme was particularly significant for the Naka community, where access to specialised eye-care services remains limited. With few available providers in the area, many residents often travel to Makurdi for proper eye examination and treatment. By bringing this outreach directly to Naka, many families were relieved of the burden of long-distance travel while receiving

quality and much-needed care close to home.

This initiative reflects the wider mission of the Lasallian Schools in Naka—not only to educate minds but also to care for the wellbeing of the entire person and community. The outreach became more than a medical service; it was a practical expression of compassion, solidarity, and service to others.

We express our sincere gratitude to Eye Savers Foundation and especially to Ternenge Ukanya for visiting our school community and generously offering these invaluable services. Their dedication has made a lasting impact on many lives, and their presence among us was a true blessing.

We remain deeply grateful for this collaboration and for the gift of care extended to our pupils, students, staff, parents, and the wider Naka community.

Where Is My Brother? Where Is My Sister? — A Lenten Journey of Compassion at Mount La Salle College, Naka

“Nobody is so poor that he has nothing to give, and nobody is so rich that he has nothing to receive.”
- Saint John Paul II

Each year, the Lenten season is observed in a special and meaningful way across our Lasallian schools. It is a sacred time of prayer, reflection, and renewal, marked by the celebration of Ash Wednesday Mass, the reception of ashes, and a shared theme that guides our journey throughout the season.

In 2026, our school community reflected deeply on the Lasallian theme: “Where Is My Brother? Where Is My Sister?” More than a question, this theme is a call—a call to awareness, compassion, and responsibility toward one another. It invites us to become more attentive to the people around us, especially those who may be struggling or in need of care, support, encouragement, or understanding.

For us at Mount La Salle College, this reflection became a practical invitation to live out the values of fraternity and solidarity in everyday life. It challenged us to look beyond ourselves and to reach out intentionally to others—within the school and beyond it. It encouraged us to support fellow staff members, accompany pupils and students facing academic or personal diffi-

culties, and offer guidance and fraternal correction with patience and love. Above all, it reminded us that we are called to walk together as one human and Lasallian family.

Inspired by this spirit, the staff and students, embraced the Lenten call not only through prayer and reflection but also through action. Over the four weeks of Lent, the entire school community generously contributed approximately ₦46,000 in support of those in need.

Following the collection, the Liturgical Committee, in collaboration with the student body, discerned how best to use the funds. Together, they purchased essential items which were carefully shared among three elderly members of the local community. One of the beneficiaries was identified through the thoughtful initiative of a student, reflecting the personal and communal nature of the outreach.

The presentation of the gifts became a deeply memorable moment for everyone involved. The joy, gratitude, and emotion visible on the faces of the recipients served as a powerful reminder that even the simplest acts of generosity can have profound meaning. What may have seemed small in

material value became immeasurable in human connection, dignity, and hope.

This outreach stands as a beautiful witness to what can be achieved when a community responds generously to the needs of others, even within limited means. It reflects the true spirit of Lent: prayer expressed through action, faith made visible through charity, and community strengthened through compassion.

We extend our heartfelt gratitude to every member of staff, every student, and every pupil who contributed to this initiative. Your generosity, kindness, and willingness to share made this outreach possible and meaningful. Through this collective gesture, you have embodied the values at the heart of Lasallian education.

“Where Is My Brother? Where Is My Sister?” continues to resonate far beyond the Lenten season. It remains a lasting invitation to build a community rooted in care, fraternity, and service - a reminder that we are responsible for one another, and that even the smallest gesture of love can transform lives.

May this spirit continue to guide and inspire our educational community now and into the future.

Where Is My Brother? Where Is My Sister? — A Lenten Journey of Compassion at Mount La Salle College, Naka



Empowering Girls Through Menstrual Hygiene Education: Mount La Salle College Participates in the “Flow with Confidence” Initiative

On Tuesday, 12 May 2026, female students of Mount La Salle College proudly represented Naka, Gwer West Local Government Area of Benue State, at the “Flow with Confidence” programme held at the Old Banquet Hall, Government House, Makurdi. The initiative was organised by Her Excellency, Senator Oluremi Tinubu, CON, First Lady of the Federal Republic of Nigeria and National Chairman of the Renewed Hope Initiative.

The programme was designed to promote menstrual hygiene awareness, enhance the well-being of adolescent girls, and reduce school absenteeism caused by a lack of access to sanitary products. Given that Naka is predominantly a rural community, the initiative was particularly significant in supporting girls who often face challenges in accessing essential menstrual hygiene resources.



As part of the campaign, 10,000 packs of sanitary pads were allocated for distribution across the local government areas of Benue State. This intervention seeks to ensure that thousands of girls can continue their education with dignity, confidence, and improved access to basic hygiene necessities.

The event was coordinated through the Office of the First Lady’s Coordinator in Benue State, Hon. Mrs. Scholastica Ben-Sor, who delivered the address on behalf of Senator Oluremi Tinubu. The message underscored the importance of empowering young girls through education, self-confidence, and access to essential health and hygiene products.

Health professionals and resource persons facilitated informative sessions on menstrual hygiene management. Through engaging presentations, practical demonstrations, and interactive discussions, participants gained valuable knowledge on maintaining proper menstrual hygiene and managing their health with confidence. The sessions also provided an opportunity for participants to ask

questions and receive expert guidance in a supportive learning environment.

At the conclusion of the educational sessions, sanitary pads were distributed to all participating students, and photographs were taken to commemorate the occasion.

The programme ended successfully, leaving participants better informed, empowered, and inspired. The knowledge acquired and the resources received will contribute significantly to helping girls manage their menstrual health with dignity and confidence, thereby promoting regular school attendance and enhancing their overall educational experience.

Mount La Salle College expresses its sincere appreciation to the organisers of the programme for their commitment to promoting the health, education, and empowerment of adolescent girls across Benue State.



Stay in School, Stay Confident: Lasallian Women of Hope Empower Girls Through Menstrual Health Education

Naka, Benue State | June 4, 2026

In a significant step towards promoting the health, dignity, and educational success of young girls, Mount La Salle College, Naka, hosted a Menstrual Health Initiative on Thursday, 4 June 2026. The programme, sponsored by the Lasallian Women of Hope, was held under the inspiring theme:

“Stay in School, Stay Confident: A Menstrual Health Initiative for Naka Girls.”

The initiative brought together schoolgirls from across the Naka community to learn, share experiences, and gain practical knowledge about menstrual health. The programme was organised in response to the challenges many girls face during menstruation, including misinformation, social stigma, and school absenteeism.

Speaking on the importance of the initiative, the organisers noted that menstrual health education is not merely a health issue but also an educational and social justice concern. When girls are equipped with accurate information and appropriate support, they are more likely to remain confident, participate actively in school, and achieve their full potential.

The programme sought to educate participants on menstruation, the menstrual cycle, and proper menstrual hygiene management. It also aimed to dispel common myths and misconceptions surrounding menstruation, while fostering a culture of openness, understand-

ing, and self-confidence among adolescent girls.

Participants were encouraged to recognise menstruation as a natural and healthy biological process rather than a source of fear, shame, or embarrassment. Through interactive sessions and expert presentations, the girls gained a deeper understanding of the physical and emotional changes associated with adolescence and learned practical strategies for managing their menstrual health effectively.

The event attracted a remarkable turnout of students from several schools within



Naka, including St. Winifred Secondary School, Calvin Foundation College, Peace College Girls' Unit, and Mount La Salle College, which proudly hosted the programme.

One of the highlights of the day was an engaging presentation by healthcare professionals who provided expert insights into menstrual health and hygiene. Among them was Dr. Ado Terdoo, whose informative session on menstruation and the menstrual cycle captured the attention of the participants. He addressed common concerns, corrected misconceptions, and encouraged the girls to approach menstrual health with confidence and knowledge.

For many of the participants, the pro-

gramme provided a rare opportunity to openly discuss issues that are often overlooked or misunderstood. The initiative recognised that some young girls may not always have access to adequate guidance on menstrual health, making such educational interventions invaluable in shaping informed, healthy, and confident young women.

To further support the participants, menstrual hygiene products were distributed to the girls in attendance. This practical gesture complemented the educational component of the programme and reinforced the commitment of the sponsors

to ensuring that no girl is disadvantaged because of her menstrual cycle.

The programme concluded with a closing prayer and words of appreciation, leaving participants inspired, empowered, and better equipped to manage their health

while remaining focused on their education.

Mount La Salle College, Naka, extends its heartfelt gratitude to the Lasallian Women of Hope for sponsoring this impactful initiative. The College eagerly anticipates the implementation of Phase II and Phase III of the project as efforts continue to advance the well-being, dignity, and educational opportunities of girls within the Naka community.

This initiative stands as a powerful reminder that when communities invest in the education and well-being of girls, they invest in a brighter and more equitable future for all.

Live Jesus in Our Hearts... Forever!



Students from various secondary schools in Naka participate in a Menstrual Health Initiative sponsored by Lasallian Women of Hope at Mount La Salle College, Naka. The programme equipped participants with essential knowledge on menstrual health, hygiene, and confidence-building while promoting school attendance among adolescent girls.



Students from various schools in Naka participate in the “Stay in School, Stay Confident” Menstrual Health Initiative sponsored by Lasallian Women of Hope at Mount La Salle College, Naka, on 4 June 2026.



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